

Playgrounds on the Map

- Hoven Lane:** Hoven Lane & Radisson Road
Swings, Slide, Basketball Court, Rocking Toys
- Johnson Park:** Stephens Drive & Radisson Road
Swings, Slide, Climbing Toys, Picnic Table
- Crookston Sports Center:** 801 Fisher Avenue
2-5 Year Play Structure, Ice Skating Rinks, Artificial Turf, Walking Track
- North Broadway (Spider):** N Broadway & 6th Avenue NW
Climbing Structures, Swings, Picnic Table, Green Space, Rocking Toys
- Evergreen:** Evergreen Drive & Cedar Court
2-5 & 5-12 Year Play Structure, Basketball Court, Swings, Green space, Picnic Table
- Schuster Park:** Memorial Drive & Locken Boulevard
5-12 Year Play Structure, Tennis Courts, Basketball Court, Shelter, Swings, Green Space, Picnic Tables
- Washington School Playground:** Birch St & Grant St
2-5 & 5-12 Year Play Structure, Swings, Basketball Court
- Stearns (5 Corners):** Stearns Street & N Broadway
Swings, Slide, Rocking toys, Basketball hoop
- Alexander (Apple):** Alexander Street & 4th Avenue NE
Swings, Slide, Basketball Court, Climbing Toys, Rocking Toys, Green Space
- Highland School Playground:** 715 Central Avenue N
5-12 Year Play Structure, Swings, Green Space
- Highland Complex:** Central Avenue N & Barrette Street
2-5 & 5-12 Year Play Structure, Skate park, Baseball Field, Softball Diamonds, Tennis Courts, Horseshoe Court, Basketball Court, Shelter
- Walsh:** Walsh Street, Linden Avenue, & Summit Avenue
2-5 year play structure, Swings, Shelter,
- Eugene Field:** Nelson Street & Woodland Avenue
5-12 Year Play Structure, Swings, Basketball Court, Shelter & Picnic Tables
- Crookston Indoor Community Pool:** 320 E 4th St
- Central Park:** Central Park Drive
Camping, Frisbee Golf, Green Space
- Castle Park:** Castle Street & Carroll Street
5-12 Year Play Structure, Natural Play Space, Dog Park, Green Space, Woodland Trails
- Maplewood:** W Loring Street
5-12 Year Play Structure, Green Space, Picnic Tables
- Locken:** S Ash Street & E Robert Street
Sitting Area, Green space, Wooded area, Trail
- Wildflower:** S Main St & Hwy 75 S
Gardens & Benches
- Old Museum:** Washington Avenue & Jerome Street
Basketball court, Swings, Sand Diggers, Rocking Toys, Rocking toys
- Wildwood:** Mrytle St.
2-5 & 5-12 Year Play Structure, Green Space, Basketball hoop, Shelters, Restrooms
- Crescent:** Crescent Ave
Slide, Rocking Toys, Picnic Table
- Carmen:** Erskine St & 5th Ave S
2-5 & 5-12 Year Play Structure, Volleyball Courts, Soccer Fields, Green Space, Shelter

Contact Information:

Crookston Early Childhood Initiative

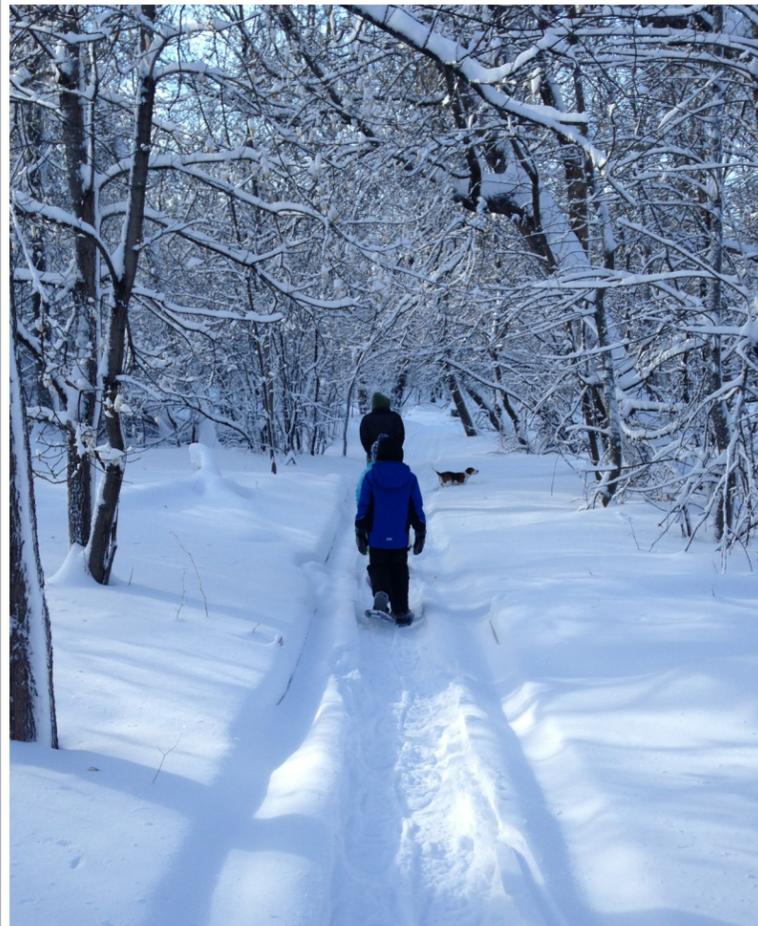
Gina Gunderson, Local Coordinator
1601 Evergreen Dr
Crookston, MN 56716
Email: ggunderson@gra.midco.net

Project Get Outdoors

Alysa Zimmerle, Local Coordinator
Valley Technology Park
510 County Rd 71, Ste 119
Crookston, MN 56716
Email: nwrspd@umn.edu

Polk County Public Health

Kirsten Fagerlund, SHIP Coordinator
Statewide Health Improvement Program
721 S. Minnesota St
Crookston, MN 56716
Email: Kirsten.fagerlund@co.polk.mn.us



Crookston Parks & Trails

Brought to you by



Safety Tips for a Successful Outing!

General:

- ◆ Have a first-aid kit handy with Band-Aids, antibiotic ointment, Kleenex, sterile gauze pads, and tweezers
- ◆ Protect skin with sunscreen or appropriate clothing such as hats and long sleeves
- ◆ Keep emergency numbers on hand such as a nurse hotline and poison control
- ◆ Make sure kids have their address and family numbers memorized

Playground:

- ◆ Avoid faulty playground equipment and report to City Parks and Recreation
- ◆ Explain your playground rules to your kids before getting to the playground—no pushing, take turns, use equipment how it's intended
- ◆ Make sure equipment use is appropriate for children's age

Nature-Play:

- ◆ Teach kids what poisonous plants look like
- ◆ Always check for ticks after playing outside
- ◆ Free-play is important for children, but set boundaries of where they can and cannot go

More than just Playgrounds!

Trails:

Trails are a great way to explore your community and get your family moving! Be adventurous and **try out different traveling** methods—biking, rollerblading, scootering, or snowshoeing! Hint: if kids are getting cranky before you arrive home—**make a game** out of it! Play I-Spy, or 20 questions to keep minds occupied.

Picnics:

Be creative! Make it **fun and interactive** with the kids by making meals from veggies you picked **from the garden**, or go to a local **farmer's market** and let your kids pick something out! Try different settings out—by the river, on the grass, or on a picnic table. They're a great way to create long-lasting memories with your family!

Use Your Imagination:

Create a **scavenger hunt** by looking for animal tracks & houses, flower colors, or bird calls. Make an **obstacle course** out of playgrounds or natural elements like logs and rocks. Take your family on a **sensory walk** by noticing different smells, temperatures in areas, or the feeling of the terrain and colors of the trails. **Make a play** by pretending to be an animal

Get to know Crookston's Parks & their Fun Amenities!

Key

Ages for Parks

- All Ages
- Ages 5-12

- Trails
- Sidewalks
- Schools
- Roads
- River

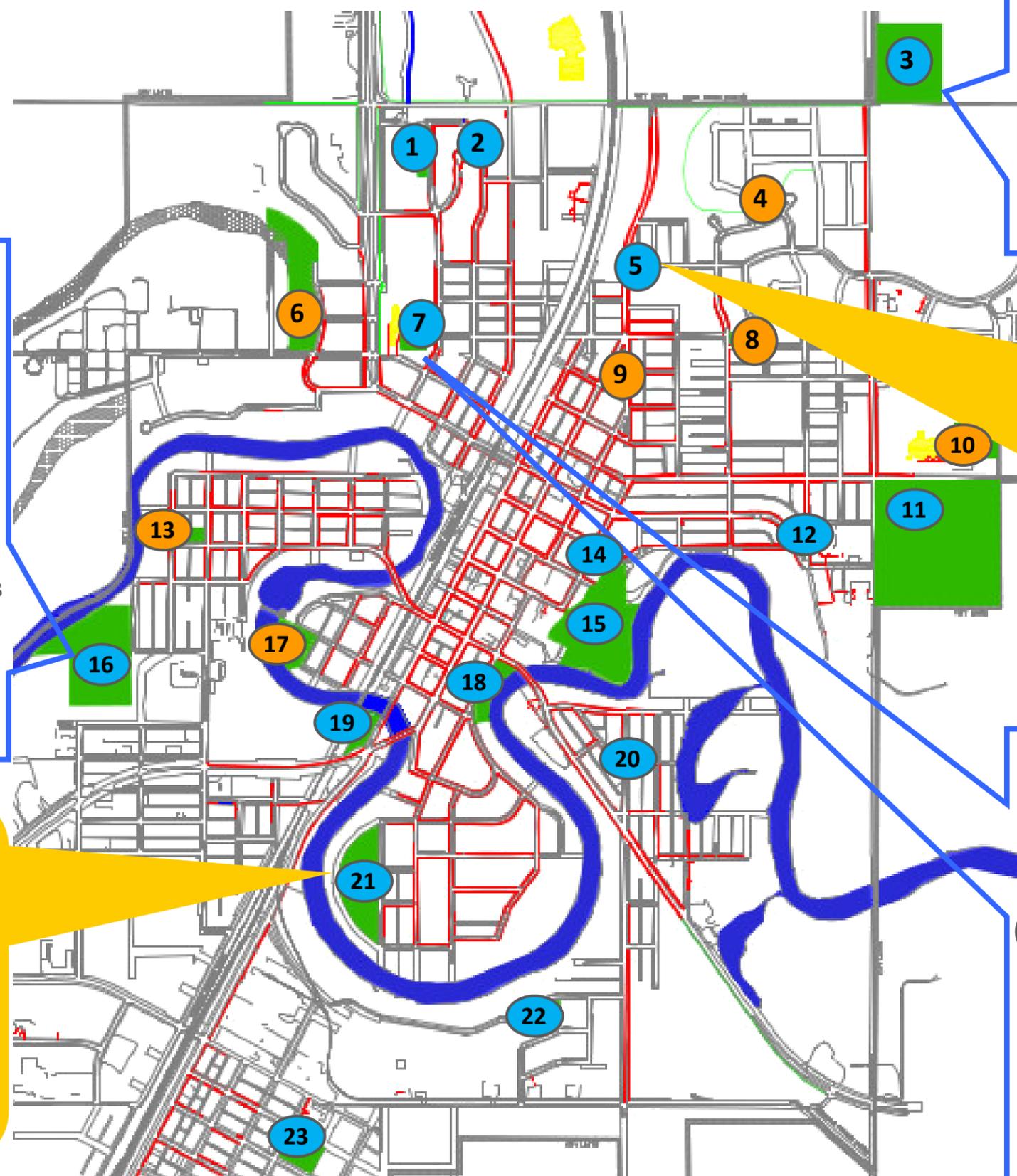


16 Castle Park: Castle Street & Carroll Street

This park is fun for all ages! There is a 5-12 year play structure near the dog park on one end, and on the other end is a natural play space, where kids can play with natural elements and hiking trails. A great place to run off some energy, this park has a bountiful amount of green space, as well as a large shelter. It's the perfect outdoor destination!

21 Wildwood: Mrytle St.

This quiet secluded park provides a 2-5 year & 5-12 year play structure, swings, a large green space, basketball hoops, shelters, & restrooms. It's the perfect destination for a quiet picnic, reading time, or for reflection!



3 Crookston Sports Center: 801 Fisher Ave

The sports center has three ice rinks, artificial turf activities, and a walking track. The perfect amenities for a piping hot summer day, or a bitter winter evening. When you can't depend on the weather outside, this is a great place to go!



5 Evergreen: Evergreen Drive & Cedar Court

This family friendly neighborhood park provides play structures for all ages, along with a basketball hoop and green space. This park is a great stop while biking or walking along the trails on the north end of town.



7 Washington School Playground:

724 University Avenue

This enhanced school playground provides opportunities for our youngest children along with a 5-12 year play structure, swings, and basketball hoops. A perfect place to head on your evening walk or bike ride.

